

**Gyms, Fitness Centers, Sports, and Recreational Facilities**  
**Attachment K**  
**ADVISORY DOCUMENT PHASE III-IV**  
**May 22, 2020**

- I. Applicability:** This Attachment applies to gyms, fitness businesses, and sports and recreational facilities (collectively “athletic facilities”). Examples include, but are not limited to: hockey rinks; indoor fields and tracks; yoga, dance, rock climbing, cycling, and gymnastics studios. This Attachment does not apply to pools or pool activities; the Advisory Document for those facilities is Attachment P.
- II. Classes, training, and activities by gyms and fitness businesses may resume operations.**
- a. Social Distancing:
- i. Reservations are encouraged, as appropriate. Walk-ins are permitted. A visitor log is not necessary, but one that has sufficient information to be able to contact a visitor should the need arise can be helpful.
  - ii. If possible, when not exercising, social distancing of a minimum of six feet should be maintained.
  - iii. It is encouraged to continue having employees, who are in direct contact with the public, wear cloth face coverings.
  - iv. Persons with symptoms consistent with COVID-19 should not be on the premises.
- b. Hygiene Best Practices:
- i. Handwashing capability or sanitizer availability is encouraged.
  - ii. Employees should frequently wash their hands.
  - iii. Athletic facilities must comply with CDC guidelines to the maximum extent possible:  
<https://www.cdc.gov/mrsa/community/environment/athletic-facilities.html>.
- c. Staffing/Operations:
- i. A visitor log is not necessary, but one that has sufficient information to be able to contact a visitor should the need arise can be helpful.
  - ii. No employee displaying symptoms of COVID-19 may provide services to customers. Symptomatic or ill employees may not report to work.
  - iii. No employee may report to the work site within 72 hours of exhibiting a fever.
  - iv. Employer must establish a plan for employees getting ill and a return-to-work plan following CDC guidance, which can be found online at:  
<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>.

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- d. Cleaning and Disinfecting:
- i. It is recommended that cleaning and disinfecting continue to be conducted in compliance with CDC protocols.
  - ii. When an active employee is identified as being COVID-19 positive by testing, CDC cleaning and disinfecting must be performed as soon after the confirmation of a positive test as practical. In lieu of performing CDC cleaning and disinfecting, the athletic facility may shut down for a period of at least 72 consecutive hours to allow for natural deactivation of the virus, followed by site personnel performing a comprehensive disinfection of all common surfaces.
  - iii. CDC protocols can be found online at:  
<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html> and <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>.
- e. Mixed Activity/Use: The Advisory Document for Attachment E applies if there are retail services provided on-site, such as a gift store or convenience store. The Advisory Document for Attachment F applies if there are restaurant/dining services provided on –site.